

# 2022 Premier DanceSport Festival

## Competition Rules and Safety Protocols

At the Premier DanceSport Festival our goal is to provide Ballroom Dancers the opportunity to come together for a friendly competition. Please make yourself familiar with the following requirements to participate! We and our staff look forward to your participation.

1. The Premier Winter Festival Syllabus Competition will be held in the main gym at HighMark Charter School (2467 E South Weber Dr, South Weber, UT 84405) on January 8th, 2022.
2. All dancers, parents and spectators must have a ticket to enter the building during the competition.
3. All dancers are required to sign our media release electronically at registration. When a registration form has been turned in, the waiver and media release will automatically be turned in as well.
4. Registration for events is on a first come, first serve basis. Once a couple registers they will receive a confirmation email. A couple is registered when all information is filled out, waivers have been signed electronically and registration is paid in full. There are no exceptions to this rule.
5. Please make sure your dancers are registered appropriately. If the chairman of judges becomes aware before/during the competition that a couple/individual dancer does not fit these qualifications, they have the right to pull their registration and or not allow the couple/individual on the competition floor. Here are the rules regarding eligibility for "Syllabus" Events (All wording below comes directly from UBEA rules listed on Utahballroom.com website, and the NDCA rule book):
  - a. Competitors who dance in a syllabus event may not dance in any open event of the same style, vice versa. (Rule is applied to a competition offering "Syllabus" and Open events in the same style.)
  - b. Competitors may register for their age group, and dance UP one age level (Syllabus and Open Events)
  - c. Competitors may dance a max of two levels in our syllabus events. For example: a couple may sign up for a bronze and silver level, OR silver and gold level; they may NOT sign up for bronze and gold, while skipping silver.
  - d. Competitors dancing in a Newcomer event may not dance in any open event in any style, and vice versa. (Rule is applied to a competition offering "Syllabus" and Open events in the same style.)
  - e. A competitor is eligible to dance in the "Newcomer" event (Elementary, Junior High, High School) until they have placed in a final of any event at an NDCA recognized or sanctioned event, provided a semi-final was danced.
  - f. A competitor is eligible to dance in the "Syllabus", "Novice" or "Pre-Championship" classifications until they accumulate three proficiency points at a NDCA sanctioned/recognized competition (page 38 of NDCA rule book), and UBEA Competitions (Local Utah High School Competitions).

- i. Proficiency points in one age division do not count or apply in any way towards ineligibility in another age division.
- ii. A competitor receives one point when they either.
  - 1. Place first in their current classification when a 23 quarter-final was danced.
  - 2. Dance (Place) in a final of a higher proficiency event where a quarter-final 24 was danced.
- iii. In the “Syllabus” categories proficiency points should be accumulated independently for each dance.
- iv. The eligibility to compete in a classification is applied to the individual competitor and not the couple as an entity.
- v. An amateur couple is only eligible to compete in a classification if both members of the couple are eligible.
- vi. An amateur competitors eligibility is based on his/her accomplishments regardless of the number or length of partnerships they have had.
- vii. It is the responsibility of all amateur competitors to ensure that they are eligible for the category in which they desire to dance.
- g. Youth competitors turning 19 years of age during the school year may still dance in the Youth or High School age categories until they have graduated from High School.
- h. Elementary school competitors may not dance in the High School category even if partnered by a Junior High or High School competitor. Junior High competitors may dance up one designation to the High School category, but only as defined in entry restrictions on UtahBallroom.com, under UBEA tab.

6. Rules regarding steps and figures:

- a. All international style syllabus dancers are restricted to the ISTD Bronze, Silver & Gold syllabus.
  - i. For our syllabus events, all figures must be danced as defined in the ISTD technique book. Partial figures may not be utilized unless so specified in the “preceded and follows” sections.
- b. Newcomer and American style syllabus events are restricted to Bronze, Silver and Gold Syllabus from these member organizations' syllabi: NDCA, DVIDA, BYU or UBEA.
- c. Couples must dance within the framework of the accepted syllabi, including preceded and follows, and without embellishment.

7. Dressing rooms will be provided. Dancers also need to come prepared to compete with hair, makeup and tanning complete. We do not have a place for dancers to store or leave belongings and ask them to keep their belongings with them at their designated seats.

- a. Rules for Syllabus Costuming are listed at the bottom of this document.

Please reach out to Krista Derington at [PremierBallroomAcademy@gmail.com](mailto:PremierBallroomAcademy@gmail.com) with any questions you may have. We are excited to offer the opportunity for dancers to come together to compete and celebrate dance!

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## Syllabus Costume Rules:

### ATTIRE FOR SYLLABUS GIRLS (All ages)

Basic Description of costume requirements for girls: A black skirt, a black top and trunks must be worn by all girls competing. A leotard can count for both the top and the trunks. Find more detailed rules below.

#### 1. Skirts

- (a) Plain or pleated with minimum 1 to maximum 3 half circles. One plain simple underskirt allowed which is no larger or longer than top layer, and is the same or similar color as the outer skirt.
- (b) No uneven hemlines, use of boning, frills, splits, openings, fishing line, horsehair, or edging (including "lettuce edging"). Edging or trim of any kind, including ribbon, satin, lace, sequins, etc, is not allowed. A simple hem is required.
- (c) Length of skirt must be at least knee length.

#### 2. Bodice

- (a) Necklines: Boat, high neck, v-neck, sweetheart, 'peter pan' collar, and regular collar are allowed. No low cut necklines. Edging or trim of any kind, including ribbon, satin, lace, sequins, etc, is not allowed on the neckline.
- (b) Gathering or shirring on the bodice is not allowed.
- (c) Edging or trim on the bodice is not allowed.

#### 3. Sleeves

- (a) Long, short, elbow length, cap, puff. or sleeveless styles are allowed.
- (b) Cannot be replaced by trimmings, frills, or edging on the shoulder line.
- (c) No "finger loops" allowed.

#### 4. Materials

- (a) No glitter, metallic thread, or fabric creating pattern effects'
- (c) No use of feathers, fringes, bows, belts, frills or sequins
- (d) Any use of color coordinated 'see through' fabric must be lined from waist to shoulder; for use on arms no lining is needed
- (e) Lace (or similar fabric) is not allowed. Lycra, spandex, polyester, velvet, satin or jersey is encouraged.

#### 6. Shoes and Socks

- (a) Shoes – Elementary School girls must wear shoes with heels that are no higher than 1.5 inches, including if they dance up a level. Junior High School and High School girls are not restricted by any heel height.
- (b) Socks: White ankle socks (may have a small amount of lace), flesh colored pantyhose, or fishnet tights.

#### 7. Accessories, jewelry, and makeup

- (a) No use of arm bands, chokers or headbands
- (b) No decoration is allowed on dress or in hair
- (c) No jewelry is allowed, other than one small earring in each ear (no dangling earrings allowed)
- (d) Neutral or lightly shaded lipstick is allowed for Elementary School girls, as well as mascara and blush. Elementary School girls are not allowed to wear eye liner, eye shadow, false eyelashes, lip liner, and severe or extreme colors of lipstick (including, but not limited to, hot pink, red, black, brown, etc). Competition makeup is allowed for Junior High School and High School girls.

## **ATTIRE FOR SYLLABUS BOYS (All ages)**

Basic Description of costume requirements for boys: A white top, black tie and black trousers must be worn by all boys competing. Find more detailed information below.

### 1. Trousers

- (a) Must be black
- (b) High waist optional
- (c) Underfoot strap optional
- (d) Satin stripes are allowed.

### 2. Shirts

- (a) Plain white long sleeved collared shirt only (no wing collars)
- (b) No pleats or ribbing
- (c) Sleeves to be worn at wrist length

### 3. Sweaters and vests are not allowed.

### 4. Tie – Black color only, may be either straight or bow

### 5. Socks – Black only

### 6. Shoes- no restrictions

### 7. Materials – Fabrics must be plain, ie: cotton, polyester, cotton/polyester blend, wool blend

- (a) No satin or shiny fabrics
- (b) No rhinestones, glitter, metallic thread, patterns or sequins allowed
- (c) Decorations – not allowed

### 8. Makeup – Not allowed

### 9. Hairstyle – Long hair must be worn in a ponytail