2025 Extreme DanceSport Invitational Event Roster

Team Events

Pee-Wee Showdance

Pre-Teen Latin Medley
Pre-Teen Ballroom Medley
Pre-Teen Latin/Rhythm Showdance
Pre-Teen Smooth/Ballroom Showdance

Junior Latin Medley
Junior Ballroom Medley
Junior Latin/Rhythm Showdance
Junior Smooth/Ballroom Showdance

Junior/Youth All Girl Smooth/Lyrical
Junior/Youth All Girl Latin
Junior/Youth All Girl Novelty
Youth Latin Medley
Youth Ballroom Medley
Youth Latin/Rhythm Showdance
Youth Smooth/Ballroom Showdance
Youth Novelty Showdance
Youth Large Group Showdance (more than 10 couples)
Youth Team Cabaret
Youth Swing Showdance

20 Team Events

Couple and Solo Events

Elementary Syllabus

Elementary Newcomer Rhythm (Sw) Bonus Elementary Rhythm (CC) Elementary Syllabus Smooth (F) Elementary Syllabus Latin (PD) Elementary Syllabus Ballroom (W)

Junior High Syllabus

Junior High Newcomer Rhythm (Sw) Junior High Syllabus Smooth (F) Junior High Syllabus Latin (R) Junior High Syllabus Ballroom (Q)

High School Syllabus

High School Newcomer Rhythm (Sw)
High School Bonus Syllabus Rhythm (CC)
High School Syllabus Smooth (F)
High School Syllabus Latin (S)
High School Syllabus Ballroom (W)
Extreme Only Paso Class Event

Additional Individual Events

Elementary Solo Ladies Samba Elementary Solo Ladies Swing Junior High Solo Ladies Samba Junior High Solo Ladies Swing High School Solo Ladies Swing High School Solo Ladies Swing

(The qualifying event for youth cabaret will be Thursday, April 17th at 7 pm in front of judges only. The top 3 will be selected to compete Saturday evening).

Pre-teen Open

Pre-teen Open Ballroom (W/T/V/F/Q) Pre-teen Open Latin (C/S/R/P/J)

Junior Open

Junior Pre-Champ Latin (C/S/R) Junior Open Latin (C/S/R/P/J) Junior Pre-Champ Ballroom (W/T/Q) Junior Open Ballroom (W/T/V/F/Q) Junior Pre-Champ Smooth (W/T/F) Junior Open Smooth (W/T/F/V) Junior Open Rhythm (C/R/S/B/M)

Youth Open

Youth Novice Latin (S/R) Youth Novice Ballroom (W/Q) Youth Novice Smooth (W/F)

Youth Pre-Champ Latin (C/S/R) Youth Pre-Champ Ballroom (W/T/Q) Youth Pre-Champ Smooth (W/T/F)

Youth Open Latin (C/S/R/P/J) Youth Open Ballroom (W/T/V/F/Q) Youth Open Rhythm (C/R/S/B/M) Youth Open Smooth (W/T/F/V) Youth Cabaret

Adult Amateur Open

Adult Novice Latin (S/R)
Adult Novice Smooth (W/F)
Adult Novice Ballroom (W/Q)

Adult Pre-Champ Latin (C/S/R) Adult Pre-Champ Ballroom (W/T/Q) Adult Pre-Champ Smooth (W/T/F)

Adult Open Latin (CC/S/R/P/J)
Adult Open Ballroom (W/T/V/F/Q)
Adult Open Rhythm (C/R/S/B/M)
Adult Open Smooth (W/T/F/V)
Youth/Adult West Coast Swing