

Extreme DanceSport Invitational December 2026

Individual and Solos Tentative Block Schedule

Saturday, Dec 5th

Session A

Junior High Syllabus Ballroom (W)
Youth Pre-Champ Ballroom (W/T/Q)
High School Syllabus Ballroom (Q)
Junior 1 & 2 Champ Ballroom (W/T/V/F/Q)
Adult Champ Ballroom (W/T/V/F/Q)
Awards

Session B

Elementary Syllabus Ballroom (W)
Youth Champ Ballroom (W/T/V/F/Q)
Junior 1& 2 Pre-Champ Ballroom (W/T/Q)
Pre-Teen Champ Ballroom (W/T/V/F/Q)
Adult Pre-Champ Ballroom (W/T/Q)
Youth Novice Ballroom (W/Q)
Awards

Session C

Pee Wee Bonus Rhythm (Sw)
Elementary Bonus Rhythm (Sw)
Extreme Only Gold Tech (R)
Elementary Newcomer Rhythm (CC)
High School Bonus Rhythm (CC)
Awards

Session D

Youth Pre-Champ Smooth (W/T/F)
High School American (T)
Elementary Syllabus American (T)
Junior 1 & 2 Champ Smooth (W/T/F/VW)
Adult Champ Smooth (W/T/F/VW)
Youth Novice Smooth (W/F)
Awards

Session E

Youth Champ Smooth (W/T/F/VW)
Junior High American (T)
Junior High Bonus Rhythm (CC)
Pee Wee Syllabus Latin (CC)
Junior 1 & 2 Pre-Champ Smooth (W/T/F)
Adult Pre-Champ Smooth (W/T/F)
Awards

Session F

Elementary Solo Ladies (S)
High School Solo Ladies (S)
Junior High Solo Ladies (S)
Elementary Solo Ladies (Sw)
High School Solo Ladies (Sw)
Junior High Solo Ladies (Sw)
Youth Champ Rhythm (C/R/S/B/M)
Junior 1 & 2 Champ Rhythm (C/R/S/B/M)
Awards

Session G

Youth Pre-Champ Latin (CC/S/R)
Junior High Syllabus Latin (S)
Elementary Syllabus Latin (S)
Junior 1 & 2 Champ Latin (CC/S/R/PD/J)
Adult Champ Latin (CC/S/R/PD/J)
Youth Novice Latin (S/R)
Awards

Session H

Youth Champ Latin (CC/S/R/PD/J)
Pre-Teen Champ Latin (CC/S/R/PD/J)
High School Syllabus Latin (R)
Junior 1 & 2 Pre-Champ Latin (CC/S/R)
Adult Pre-Champ Latin (CC/S/R)
Awards

Session I

Cabaret
Junior/Youth Open Solo Ladies Pre-Champ Latin (CC/S/R)
Old-Fashioned Christmas Swing Event
Junior High Newcomer Rhythm (Sw)
High School Newcomer Rhythm (Sw)
West Coast Swing- Youth & Adults (open to all!)
Awards